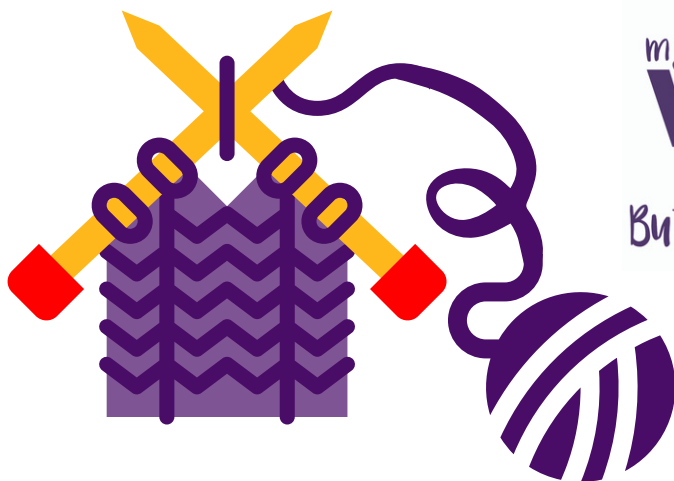




Become a Blanketeer

and make a difference for our patients

Second Wednesday of each month

2-4pm in the Chapel at West Suffolk Hospital

The palliative care team are relaunching their Blanketeer meetings and they would love you to join them, whatever your knitting or crochet abilities are.

The Blanketeer meeting is an informal group where you knit and knatter while making wonderful gifts for end of life patients at West Suffolk NHS Foundation Trust.

You don't have to be a professional knitter, our lovely volunteers will show you how to knit or crochet, if you wish to learn. And come along for the two hours or just pop in, they'd love to see you.

For more information please contact Michelle Buono on 01284 713776 or by emailing the palliative care team at Palliative.CareTeam@wsh.nhs.uk.

How do the blankets help?

The benefit of the blankets is enormous.

- Each one is given to an end of life patient on the wards.
- It brightens up the ward and the patients environment.
- It is a comfort and keepsake for families.
- It helps identify to professionals on the wards, those patients who are receiving end of life care.

**"The blanket made our mum feel cosy and it made
the whole experience feel more homely.
The blanket is such a special thing for us to now treasure."**

If you don't want to join the group but still wish to help, there are other ways such as 'knitting a square to show you care'. These squares can be made into blankets by the Blanketeers.

Donations of wool are always welcome. These can be left (with donated squares/blankets) at the main reception, addressed to Michelle Buono, or taken to the Blanketeer meetings at the chapel.

Blankets

Size	Blanket - Approx. 42" x 42" (107cmx 107cms) Squares - 40 stitches (easier to make in strips or squares)
Yarn	Double knit: 8 or 9 (4 or 4.5mm) knitting needles or 4.00 crochet hook
Chunky	5 or 6 knitting needles or 4.50 crochet hook
3/4 ply	Wind 2/3 strands together and treat as double knit
NB.	A garter stitch keeps the shape better.

Patterns for bears are also available at the group.

Just pop along, drop off your creations, collect wool if needed or stay for an hour. It's a great place to meet new people, have a chat, gain support and make a difference to those who need it most.