



Crochet Twiddle Muffs For Dementia Patients

The 'Skys the Limit' for these Crochet Twiddle Muffs. Plenty of ideas on "Mr Google".

People with dementia often have restless hands and like to have something to keep their hands occupied. A twiddle muff provides a wonderful source of visual, tactile and sensory stimulation, and keeps hands snug and warm at the same time.

They are crochet muffs with items attached to keep dementia patients' hands active and busy. They contain strands of textured ribbons, beads and various fabrics attached both inside and outside.

There are many ideas on "Mr Google"
Just create your own version.

Twiddle Muff Pattern by Shirley MacDonald

[Click here for Pattern from Ravelry](#)

This pattern has been made in Aran so adjust number of stitches and pin size to suit yourself.

The pattern is worked in a continuous round/spiral.

You may not need to make an inner layer - particularly if you decide to work thicker stitches. So many choices!

